

YOGA3 Studio LLC Release and Liability Waiver: I agree that YOGA3 Studio LLC dba YOGA3 is in no way responsible for the safekeeping of my personal belongings while I attend class. I understand that classes at YOGA3 may be physically strenuous and I voluntarily participate in them with full knowledge that there is a risk of personal injury, property loss or death. I agree that neither I, my heirs, assigns or legal representatives will sue or make any other claims of any kind whatsoever against YOGA3 or the landlord of any premises at which it may operate, it's members for any personal injury, property damage/loss, or wrongful death, whether caused by negligence or otherwise. In consideration of and as inducement to my enrollment as a yoga student of the YOGA3 Studio LLC dba YOGA3, I represent and agree to the following:

- I have been examined by a licensed physician within the past six months and have been found by such physician to be in good physical health and fully able to perform all yoga exercises which I am to learn and perform during my attendance at YOGA3. If I haven't been to a physician, I take full responsibility for my physical health.
- I will faithfully follow all instructions given to me by YOGA3 staff as to when, where and how to perform and not to perform yoga exercises, it being understood that any deviation by me from such instructions shall be at my own risk. I also understand and acknowledge that yoga training has certain inherent dangers that no amount of care, caution, instruction, or expertise can eliminate and I expressly and voluntarily assume all risk of personal injury sustained while participating in the yoga training whether or not caused by the negligence of the released parties.
- I understand that the room temperature can exceed 120 degrees and I may have an adverse reaction to this. I take full responsibility for my health due to these temperatures I acknowledge.
- I understand and acknowledge that I am to receive instruction in yoga theory and exercises only and I will not hold YOGA3 Studio LLC, it's partners, instructors, or employees to any higher standard of care than that applicable to the school of yoga theory and exercises.
- I understand that it is my continuing responsibility to inform the staff at YOGA3 of any previous medical conditions, injuries, or surgeries prior to my first class and at such other times as I acquire information as to same.
- The payment made for services is non-refundable; such refunds if any, are made at the sole discretion of YOGA3 Studio LLC.
- I hereby grant permission to the rights of my image, likeness and sound of my voice as recorded on audio or videotape without payment or any other consideration. I understand that my image may be edited, copied, exhibited, published or distributed and waive the right to inspect or approve the finished product wherein my likeness appears. I also understand that this material may be used in marketing materials for YOGA3 Studio LLC.
- I also understand that, except for a monetary refund, I have no claims against YOGA3 (YOGA3 Studio LLC) or the landlord of the premises, by reason of their refusal to allow me to participate in the programs.

I have read the above Release and Liability Waiver and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Name – printed & signed

Date

Parent Name – printed & signed (if under 18)